



“Together We Achieve”

24th May 2023

Dear Parents and Carers of children in EYFS to Year 4

This year our school adopted and has been following the PSHE and RSHE Scheme- Jigsaw.

PSHE- stands for personal, social, health and economic. That’s why we tend to say ‘PSHE education’ a lot instead of always abbreviating it to ‘PSHE’. The ‘E’ in PSHE covers economic wellbeing and careers – vital parts of the subject that mustn’t be ignored.

RSHE- stands for Relationships, Sex and Health Education. Relationships education has been compulsory for pupils in primary education since September 2020. For secondary pupils, relationships and sex education (RSE) must be taught.

This program ensures we confidently cover all statutory aspects of the above areas in our curriculum. The Jigsaw scheme is broken into jigsaw pieces titled the same for each year group. The content within these is spiraled and built upon, increasing knowledge and vocabulary as the children move through out school.

Jigsaw Titles

Being Me in My World
Celebrating Difference
Dreams and Goals
Healthy Me
Relationships
Changing Me

In the final summer term, the whole school embarks on the final Jigsaw unit titled- Changing Me. In this Puzzle, children look at change of many types, from growing up, becoming a teenager, assertiveness, puberty, self-respect and safeguarding. Each year group thinks about looking ahead, moving year groups or the transition to secondary school and how to cope positively with such changes. Life cycles and human reproduction are taught in different year groups in an age appropriate way.

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As this unit can deal with subjects such as puberty, our changing body and relationships- We wanted to share the context of the units with you, along with the vocabulary used.

You can find a [link here](#) to each Year group’s ‘Changing Me’ unit coverage.

Parent Consultation

We have recently developed a new PSHE and RSHE Policy which can be found on our school website [here](#) . This policy is in draft form as we gather your views and consultation. There is also a document called PSHE on a page, summarising our policy. This can be found [here](#).

We will be holding a PSHE and PSHE Parent Consultation Meeting on Tuesday 4th July at 3:30pm. This is for parents and carers of children across the school. During this time, Miss Wright will organise activities in her classroom for your children so you are able to attend. The aims of the meeting will be to share our PSHE and RSHE Policy with you, share the way we are teaching this aspect of the curriculum and to consult with you as major stakeholders in your child’s education.

Please could we ask you to complete **the following survey** to let us know if you are attending the meeting and to also collect some initial views on this subject.

Working in partnership with parents is really important to us, so we hope many of you can attend.

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